## Amendments to the Claims:

The following listing of claims will replace all prior versions, and listings, of claims in the application:

1. (Currently Amended) An aseptic filling method for filling a synthetic resin container, comprising:

rinsing and sterilizing a synthetic resin container; preliminarily sterilizing a content;

filling the content in the synthetic resin container underwhile maintaining a temperature of the content within a range of 50°C to 60°C; and cooling the contents to normal.

2-3. (Canceled)